

# Super Safe Strider

## Walking to School Safety Checklist

Walking to school provides opportunities for students to develop important life skills like road safety, risk awareness, independence and decision making.

Work through this checklist with your child to make sure they have the skills they need to walk to school safely. Sign and return to school so your child can receive their Super Safe Strider certificate.



### PEDESTRIAN CROSSINGS

Pedestrian crossings, traffic lights, school patrol or pedestrian refuges are safer places to cross. Teach your child to wait until any vehicles approaching the crossing have come to a stop before walking out onto the crossing, and to keep looking for vehicles as they cross.

Avoid crossing very close to intersections if there is no designated crossing. Mid-block is often safe as there is less traffic coming from different directions - see the Kerb Drill.

**SAFE ROUTES** - To plan safe routes to school, download the Map My Journey Activity at:

[www.movinmarch.com/toolkit](http://www.movinmarch.com/toolkit)



greater WELLINGTON  
REGIONAL COUNCIL  
Te Pane Matua Taiao

### THE KERB DRILL

1. Stop one step back from the kerb
2. Look and listen for traffic coming from all directions
3. If there is traffic coming, wait until it has passed and then look and listen for traffic again. If there is no traffic coming, walk quickly straight across the road
4. While crossing, look and listen for traffic from all directions

### STOP, LOOK, LISTEN and CHECK before I step

Signed: \_\_\_\_\_ Date: \_\_\_\_\_