

Light, bright and reflective

Always be prepared for riding at night or in dim conditions.

Use white front and red back lights if you ride between sunset and sunrise, or if visibility is bad.

Don't dazzle – point your front light down a bit.



Bikes must have reflectors too.



Bright and reflective gear

- Bright colours make you stand out during the day. Light and reflective gear is best at night.

Use lights at night or in poor visibility

- One or more rear-facing red lights visible from 200m.
- One or two white headlights visible from 200m.
- Only one of each light may flash.
- Pedal reflectors on front and back of each pedal.