



Capital and Coast District Health Board

Staff Travel Plan

Executive Summary

April 2006

EXECUTIVE SUMMARY

Capital & Coast District Health Board (C&C DHB) is a leading provider of specialist health services, serving more than 250,000 people in the Wellington Region, and a major employer with over 3,500 full time staff located at four key sites.

The activities associated with C&C DHB are a major contributor to traffic flows in the Wellington region.

As a healthcare provider, conscientious employer and committed member of the community, C&C DHB has a duty to manage the traffic generated by its activities by encouraging and enabling healthy, active and more sustainable travel choices.

C&C DHB has developed a travel plan to manage and reduce its transport impacts. The travel plan has been developed in partnership with Greater Wellington Regional Council (GWRC) and the Energy Efficiency and Conservation Authority (EECA).

The overarching objective for the plan is:

“To reduce reliance on private car use for trips to all C&C DHB premises and improve accessibility for staff, patients and visitors by enabling and promoting safe and sustainable travel choices”

The first phase of the plan aims to reduce the number of staff trips made by car. The second stage will address measures to improve access and travel choice for patients and visitors.

Based on the significant proportion of staff who live within 5kms of work and/or on a direct bus route, the key target for C&C DHB staff travel plan is to reduce single-occupant car trips by 10% overall by 2010.

Progress towards achieving this target will be assessed using annual surveys of staff travel from 2007 to 2010. Simple ‘snapshot’ surveys can be used. Progress towards implementing the key actions contained in the travel plan will also be monitored.

The actions identified to help achieve this target are focused on encouraging a shift from car use to greater walking, cycling, public transport use and car sharing, through:

- Promotion;
- Information provision;
- Improving on-site facilities and services; and
- Advocacy for service and facility improvements off-site.

Success in achieving the target will also be assisted by the proposed new parking management system, and on-site improvements associated with the New Regional Hospital redevelopment programme. This plan has been aligned with these processes to ensure synergies are maximised wherever possible.

The travel plan steering group, which consists of C&C DHB representatives and key stakeholders and which has guided the development of the plan thus far, will guide the delivery of the plan.

The implementation will be led by the C&C DHB travel planner with support from other members of the steering group and relevant stakeholders, as appropriate.

Resources for the implementation have been outlined and agreed in a continuance agreement between GWRC and C&C DHB. They will comprise a mix of C&C DHB, Land Transport New Zealand and Greater Wellington Regional Council funding.

In implementing an effective travel plan that reduces car use and increases the proportion of active and sustainable journeys, C&C DHB expects to realise:

- Direct savings through reduced business travel and parking management costs;
- Improved staff morale, health and productivity, and retention and recruitment;
- Improved accessibility of its sites;
- Enhanced profile as an employer and within the community, and an opportunity to lead by example in promoting the health benefits of 'Active Travel'
- A reputation for innovation and leadership in New Zealand's Health Sector, in providing an example of a successful travel plan